

Why I am taking on this challenge - A personal message from James Lyon.

"I lost a good friend to Leukaemia in the final year of secondary school and it was a horrible experience. One minute this healthy 15 year old lad is playing rugby and the next minute his chair is empty in the classroom. Seeing what effect this had on his family & friends I am keen to never experience this disease so close to home ever again and anything I can do to raise awareness & funds to support this magnificent charity is a pleasure and never a chore.

The human body is capable of great things including positive treatment & recovery from this illness so surely John O Groats to Lands End will be a walk in the park..."

James



James Lyon: Jogleist

